

# *ANGEL NUMBERS MASTERY*

*EVERYTHING YOU NEED TO KNOW ABOUT ANGEL NUMBERS  
AND WHAT THEY MEAN FOR YOU*

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# INTRODUCTION

*Angel numbers have been a significant part of my life for several years now. I find them to be a constant companion, always there, always reliable, and always pushing me to be the best person I can be.*

*But I haven't always taken the easiest path in life, either because of the choices I've made or just where life has taken me. Beginning in my teens, I became consumed by depression, anxiety, and thinking the world was better off without me. Not believing in myself and being depressed took me down a very difficult path. I've struggled with abuse, financial problems, being a widow and single parent, and feeling lost, alone, and unloved. All of it creates feelings of worthlessness, doubt, and fear.*

*It wasn't until I was facing the loss of everything that I let go of the need to please everyone else, and I found my true self through the loving encouragement of the angels. I sort of stumbled upon the angels, but once I did, my life changed. I discovered a love for myself that I had never experienced before. This love came from God and was amplified through the angels. It radiated throughout my very being.*

*When I first heard about angel numbers, I found them interesting, but I didn't see them as anything exceptional. In fact, I had been aware of angel numbers for quite some time before I began to realize their eventual value to the rest of my life. It happened when going through another intense relapse of depression. Feeling overwhelmed and consumed by wanting my life to just be over. I felt distant and blocked from the angels I had previously come to know. My inner-voice telling me that I was so worthless that God and even the angels were somehow disappointed in me.*

*Out of shame, I resisted the angels, their love, and their help. Yet despite these feelings of shame, despair, and worthlessness, I began to notice recurring numbers all around me. Numbers and patterns of numbers that were odd or out of the ordinary consistently appeared along my path. It seemed as if someone was intentionally placing these numbers in front of me. Although I shrugged them off at first, the persistence of these numbers eventually gave me hope and a sense of empowerment. Leading me down a path of healing.*

*I continued to see the numbers even after I began to feel better. And soon after decided I really wanted to understand what angel numbers are and what they mean for me. After getting back on track and spending several months studying and researching angel numbers, I felt guided to stop taking antidepressants and take control of my life. Now, several years later, I have not looked back. Angel numbers have helped me be successful, find my own worth and talents, and see life from an entirely different perspective. Looking back on the old depressed me is now like watching a sad movie. As if I have grown into an entirely differ-*

*ent person. No longer in touch with the depression that used to consume me so entirely.*

*Although the angels have assisted me along my journey in many ways, it is the angel numbers that have kept me on my path through the toughest of times. Serving as a constant reminder that I am loved, never forgotten, and destined to follow my life path. As you will see in the stories I include throughout this book, angel numbers have, and continue, to get me over the biggest obstacles and challenges.*

*That is not to say I don't have hard days or never experience doubt. That is what I love the most about angel numbers. Even when I experience the human emotions and thoughts that take me away from my angels and from my life purpose, the numbers still come through. Bringing me back to my spiritual nature and propelling me forward in faith. Faith in both the spiritual and in myself.*

*So this book is meant to share with you what I have learned and what the angels have taught me along the way about angel numbers, how to use them, and how to understand their messages. I have tried to include as much helpful information as possible so that you, too, can understand the power these signs have in your life.*

*This book is in two parts. Part one goes over what angel numbers are and why they are so important in our lives. It goes into further detail about how to receive and understand angel number messages. Part two is a guide to the primary angel numbers, including the major keywords, the energy, and several possible messages the number may convey.*

*I have created this book to help you master angel numbers and use them with ease throughout your day-to-day life. Through the good times, bad times, confusing times, and times when you're faced with a decision you are uncertain about – it is my hope this book will help you use and understand angel numbers to get you through it all a bit easier than going at it alone.*

*The guide and some of the concepts in this book are also included in my blog at [sarahlvariel.com/angel-numbers](http://sarahlvariel.com/angel-numbers). This book contains much more detail and is designed to help you understand angel numbers on a deeper level, but I keep the blog updated with more numbers and combinations. Feel free to check it out and use it alongside this book.*

*In both this book and my blog, the information about the energy of each number is based on numerology. Numerology is the study of the energy of numbers and goes back to ancient times. Much of what you will read corresponds with numerology and is based on what we know about each number. I have put this information together in an easy-to-read and understand format.*

*However, I do not write alone; I write with the angels. Prior to each writing session, I meditate and ask the angels for assistance in passing on the information they want people to know. Many of the messages and information you get from my blog and this book have been channeled. Meaning it comes from the angels assisting me. This information is meant to enhance and convey more meaning to you, the reader. So, you will find some of the information and messages are unique to my blog and this book.*

*I wish you the best and truly hope this book helps you tap into the power of angel numbers along your path and in your day-to-day life.*

*With love, blessings, and angel kisses!*

*Sarah L'variel <3*

*Thank you for reading*

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